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LOCATION SPECIFIC DRUGS FOR CERVICAL SPONDYLOSIS



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Choice of similimum is clearly described by Dr. Hahnemann in Organon of Medicine. This principle is tested since more than 200 years & is accepted worldwide by the classical prescribers of Homoeopathy. The basis of prescription is usually considering the portrait of the case or determining the totality of symptoms of the patient. The portrait of the case includes consideration of life situation of the patient. To ascertain "life situation", to make it a basis of prescription, one has to go through meticulously, why did the patient get sick while living in a healthy state? Is it a mental or emotional trauma such as grief, loss, financial worry, jealousy, humiliation or abuse? Is it a severe physical trauma like severe haemorrhage (i.e. ailments after loss of vital fluids), exposure to severe cold suddenly, road accident etc..But ailments after a mental trauma in patient's life contributes a significant role and dependable symptoms for selection of similimum.

The second method of selecting similimum is eliciting the patients' totality of symptom which constitutes mental general, physical general, strange, rare peculiar symptoms and delusion if any, causation and miasmatic back ground. This is the most commonly used classical method of prescribing. In my experience if strongly suggestive "life situation" which is otherwise known as "essence of the case" is not available, prescription is to be based on "totality of symptoms". In certain "one sided

prescribe solely basing on this symptom. But depending solely on this method is very wrong & may not bring a true cure, because it ranks one or two symptoms very high while practically ignoring the others. Unless a keynote is not confirmed by the totality of symptoms, it will simply palliate the case. So when it is difficult to draw a totality of symptom of the case, prescription based on keynote can be made at the outset.

In advanced pathological conditions, like advanced cases of malignancy, severe ankylosing spondylitis, osteo arthritis, rheumatoid arthritis usually essence, totality of symptom & key note symptoms are not available. I prefer to depend upon location specific drugs. To give an example pain in neck extends to left hand with numbness of finger, *Kalmia* is prescribed.

When prescription based on the "essence of the case" or "Totality of symptoms" it is the "similimum" i.e. true picture of the patient & prescription based on

them bring a homoeopathic cure in true sense of the term. But even if for a best homoeopath at times, it is difficult to get a similimum & one has to depend upon keynote or location specific drugs which was otherwise known as "simili". The simili does not fit the symptom picture exactly but can stimulate vital force enough to throw the inert symptoms pertaining to disease which are palliated earlier with the patient. So simili can give instant partial relief & also brings back

the original symptoms to get the totality of symptom of the patient and paves towards the cure.

Cervical spondylosis is now a very common disease due to prolong use of computer, in stooping posture of neck. At times these life style unavoidable diseases because of professional habits becomes so chronic that we may not get essence, totality and keynote symptoms. In those circumstances the location specific drugs described below not only give instant palliation of pain but also help to reach similitum by frequently repeating these location specific drugs when indicated by their location specific symptoms. Let us discuss some symptoms.

PAIN NECK RADIATES TO LEFT ARM

PARIS QUADR

- Weight feeling in the nape of the neck.
- **Pain in Left. Intercostal region** extending to Left. arm.
- Numbness of fingers & arms
- < -exertion, **evening**, touch. > - **Open air**, rest.

KALMIA

- Pain in neck extends to left. arms & fingers
- With tingling & numbness.
- With vertigo.
- < looking down, motion, **open air**.

RHODIUM

- **Pain neck extends to left arm.** < 4 - 7P.M.. mental exertion
- Intolerance to sweet **arm**
- HYDROGEN
- Acute case
- Current like pain in neck extends to left arm
- > **hot bath**

PAIN NECK RADIATES TO RIGHT ARM

SOLANUM LYCOPERSICUM

- pain in right. Elbow, wrist & hand
<open air, motion, jar, noise.

- > warm room, tobacco
- With dust allergy, causing sneezing

FERRUM PICRIC.

- Pain neck radiates to right side
- Spondylosis due to over exertion in the aged.
- Dark haired plethoric person.
- Associated with B.H.P. causing frequent urination at night.
- Impaired liver function

PAIN IN NAPE OF NECK CONFINED TO NECK ONLY

RADIUM BROM.

- Pain & lameness with vertigo
- < - **stooping head**, night.
- > - standing or sitting erect, **open air**, motion, lying.
- With pain & heaviness felt in arms all over. > moving about

FAGOPYRUM

- Especially for aged peoples.
- > - coffee, **bending head backward**
- < - afternoon;
- Pruritus > - bathing in cold water.

MENYANTHES

- PAIN neck > - **stooping, motion, hard pressure**
- < - rest
- Extends to vertex
- with diabetes

X- RAY

- Sudden cricks in neck
- Pain behind ear
- < lifting head from pillow, afternoon, evening, open air

NERVE INVOLVEMENT CAUSES PAIN IN NECK EXTENDS TO BACK OF HEAD & OCCIPUT

CHIN. SULPH

- Sensitiveness of 7th Cervical vertebra₁
- Pain radiates up from neck
- Acute cases,
- **with vertigo**
- < - pressure

EUP. PURPUREUM

- Pain extends up from neck
with vertigo

- < - cold air,
- Starts in morning peak at evening

ZINC PHOS

- Spodylitis with Headache & vertigo
- with nervousness
- With brain fag
- with sleeplessness

PAIN EXTENDS DOWN FROM NECK**STRYCHNINUM**

- Rigidity of cervical muscles
- Sharp pain in nape down spine
- Icy cold sensation down spine.

XANTHOXYLLUM

Pain nape extending down back with numbness of left arm

< - hot weather.

MEDORRHINUM

- Pain >-Sea shore, damp weather.
- Craves alcohol.
- Desire -salt, sweet, ice.
- Intense thirst.
- Intense burning heat in neck radiating down.

Due to different spinal nerve involvement pain may occur at scapula

PAIN MORE FELT IN LEFT SCAPULA**CHENPODIUM GLAUCIAPHIS**

- Pain Lower inner angle of left shoulder blade
- Aversion meat & bread
- Constipation

ONOSMODIUM

- Pain left scapula with vertigo, numbness & muscular tiredness
- > lying on back
- <motion, jar, tight clothing

ZINC CHROMATE

- Pain below & above left. Scapula
- <motion, lying on back

PAIN MORE FELT IN RIGHT SCAPULA**CHELIDONIUM**

- PAIN, Lower & inner angle of right scapula

- <- change of weather, morning, motion.

- >Pressure

CHEN. ANTHELMINTICUM

- Pan, Rt. Shoulder near spine
- With vertigo

JUGLANS CINEREA

- Affects muscles of neck & under Rt. Scapula.
- Impaired liver.
- Gallstone.
- Occipital headache.

OLEUM ANIMALE

- Aching in rt. Scapula
- Cracking in cervical region
- < rising head, rubbing, pressure, cold

PAIN IN LEFT DELTOID**NUX MOSCH**

- Pain in left deltoid
- Desire -coffee
- Intol -warm food & drink .
- <cold wind, motion, jar.
- >warm dry weather

PAIN IN RIGHT DELTOID**PSILOCIBA CAERULEX**

- Pain in rt. Deltoid
- < movement, cold
- with sensation of block of ice on the part

LYCOPERSICUM AESCULANTUM

- Pain in rt. Deltoid with pain in pectoralis muscles.
- < open air, motion, jar
- >lifting arm upward & outward

In my experience, it is observed that prescription based on essence of the case i.e. life situation, trauma, etc. gives 90% cure. Depending on totality, the cure rate is 75% depending on keynote, it is 40%, & depending upon location specific, in acute cases, encouraging result but in chronic cases simply brings palliation but with frequent repetition paves towards getting, "totality of symptoms" and helps to arrive at true similimum.