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## Approach to different ways of classical Homoeopathic Prescribing

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### **Abstract**

Selection of remedy for a patient, basing on totality of symptoms is the classical Homoeopathic Prescribing. Totality of symptom is the external manifestation of the internal essence of the disease representing the true portrait of the patient. At times in certain patients, it is difficult to get the totality of symptoms in true sense of term where the depth of the derangement of vital force is more grievous.

According to the severity of derangement of vital force, there will be corresponding external manifestation of symptoms. The more severe the internal derangement, the less is the expression of symptoms. In this situation for the approach to similimum, totality of symptom may not be truly available because of paucity of symptoms. There it requires the technique of applying some other procedure, like prescribing on keynote symptoms, basing on sphere of action, giving inter current medicines etc..

So for patient's state of manifestation of symptoms, the methods of prescribing will be different with varying response to curability rate of the disease process.

**Key words:** Similimum, Manifestation of symptoms, different method of prescribing.

Classical Homoeopathic prescribing means selection of indicated remedy for a patient which is the true similimum for that patient. Selection of similimum is a very cumbersome procedure. A patient reported to have symptoms like burning feet and keeping them uncovered, dressed shabby, desire for sweet, makes the task of the prescriber easy to select Sulphur. But all patient will not come with clear symptoms of Sulphur, Phosphorus, Calc carb etc.

According to the severity of affection of vital force and correspondingly its reaction, is the sole means of producing the true internal essence of the disease picture. The more the vital force deranged the less is its reaction to external morbid agent and consequently not proper manifestation of symptoms. Paucity of symptoms is a more difficult situation in homoeopathic prescribing. Paucity of symptoms occur in one sided disease or severely deranged vital force. In these situations, in the absence of totality of symptoms, selection of remedy, required to be based on prescribing on Keynote symptoms, Sphere of action of remedy, Intercurrent, Antimiasmatic remedy mostly nosodes or a zigzag prescribing. Let us analyze the success rate of curability or palliation when the prescription based on these type of prescribing.

Analysis of the case is the most important skill of the physician. Like an unprejudiced observer he must blend, be flexible, go to depth of each case without any prejudice or prescribing on intuition and choose the appropriate method for each case. Let us analyze different methods. L.K.N.

### **Totality of symptoms**

Almost used by every classical homoeopath which includes mental symptoms, physical general, peculiar uncommon symptoms and characteristic particular symptoms. While selecting the remedy, miasmatic back ground, past history, family history are also given due importance.

### **Keynote symptoms**

Keynote prescribing is made by physicians commonly in two situations. Some prescribers are in habit of prescribing on key note ignoring totality. Some prescriber based their prescription on keynote because of paucity of symptoms and hence unable to draw the totality of symptoms. Keynote symptoms comprises of strange, particular, rare symptoms typical to the remedy and are fairly uncommon.

### **Some important aspects of keynote**

Keynote symptoms pertaining to mental emotions such as predicts the time of death, Aconite, fear of going insane, Calc., carries much importance for the purpose of cure. When a keynote symptom confers to mental and physical general symptoms of a drug also acts positively.

When three keynotes belonging to different areas i.e dull, severe constipation, aversion to potato, acts curatively

One keynote if very strong is also effective i.e Involuntary shy, Ignatia.

### **Limitations of keynote prescription:**

If three keynotes belonging to one area i.e 3 common modalities, < 1<sup>st</sup> motion, damp weather and > by motion, Rhus. Tox. may not be effective.

Depending upon two keynotes or one, recovery is doubtful

### **Prescription based on sphere of action**

This type of prescription is required in following situations

1. Vital force compromised very much with much pathological changes
2. Advanced miasmatic State
3. Terminal stage of chronic disease
4. Grossly damaged body structure i.e advanced stage of ankylosing spondylitis.

So in these circumstances the doctor has to prescribe, depending upon sphere of action of the drug i.e like grossly affected liver, Chionanthus, right sided paralysis, Causticum etc. But some doctors used to prescribe basing on this approach, when totality is very clear with the patient, either out of indolence or lack of training, leading them to unsuccessful prescribers.

### **Prescription based on essence**

This is the concept of Dr. George Vithulkos and supported by many modern homeopaths. Essence of remedy or disease means deep understanding of the basic nature of a particular remedy and the disease, you are going to treat. It includes, always a polycrest drug should be understood with emphasis on life situation, tempo of remedies, physiognomy, disposition.

This concept mostly give stress upon life situation where the doctor is to enquire most important cause in life to start the disease process. As my sleeplessness develops after my failure in business,

This Sleeplessness develops slowly which is due to overwork and becomes severe after a busyness failure. Patient is having thin built and very nervous nature. This is the essence of Ambra gresea.

In practice we are expected to get different type of patients. Some reported to have a typical life situation where we may think off basing upon essence of the case. Some other patients may come with typical mental and physical general with peculiar symptoms depicting a true totality of symptoms. Some cases I came with

prominent one or two keynote symptoms from whom we cannot derive essence or a true totality. So according to the type of patients, the prescription will be molded accordingly. In my practice, I have prescribed according to the above concept. My hierarchy in case analysis is as follows. I will just give my analysis on curability percentage and frequency of getting that type of patients  
Category of patients / Frequency of getting patients / Cure rate:

Some patients comes with

- ❖ Essence + totality + Keynote, all indicated to one remedy  
 Frequency of getting these type of patients- 1% of total patient  
 Cure rate-99%
- ❖ Essence + totality or Essence + Keynote  
 Frequency- 15%  
 Cure rate-95%

Essence and totality indicated the same remedy but no keynote found for that remedy, the success rate is 95%

- ❖ Totality+ Keynote  
 Frequency =25% cases  
 Cure rate= 80-90%

Totality and keynote indicated the same remedy, suppose with a clear indication of sulphur but there is no real essence in this case. Cure rate is 80-90%

- ❖ Essence only  
 Frequency--- 20% of cases  
 Cure rate-70-80%
- ❖ Totality only  
 Frequency- 30-40% of cases  
 Cure rate-60% ❖ Keynote only  
 As suggested above, if belonging keynote essence  
 Frequency-40-50% of cases  
 Cure rate-40%

In some cases we have symptoms of Sulphur, Calc. Carb, Calc. Sulph, much harder to solve the problem and require to start with smaller remedy. In practice these are the situations really facing by the physicians. The observation given above is from my personal observation, learned from some senior practitioners. So while prescribing if these concepts will be kept in view we can modify our curability percentage.

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