

SOUVENIR

National Seminar

on

Homoeopathy

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at

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HOMOEOPATHY FOR MOTHER AND CHILD CARE

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ABSTRACT

BACK GROUND

Hon'ble Prime Minister of India, inter-alia suggested that Homoeopathy needs to be given adequate attention in specific diseases of children like teething & other ailments. To define other ailments for which Homoeopathy is ineffective a retrospective study is made of case records of children treated in author's clinic using modified Narenjo criteria.

AIMS & OBJECTIVE

To identify the priority areas of homoeopathy in diseases of children assessing their effectiveness from cases already treated, on the basis of modified Narenjo criteria.

MATERIALS AND METHODS

1566 case records of age group one day to 15 years, in which patients are systematically followed for at least more than 6 sittings, are selected for retrospective analysis. The patient's benefit is assessed in version of the patients or their parents through questionnaires using modified Narenjo criteria.

RESULTS

Types of cases according to nosological diagnosis, reported for treatment; Respiratory allergy including Bronchial asthma, Rhinitis etc- 460; Respiratory infection including infection, of tonsillitis, Sinusitis, adenoid, bronchitis- 570. Mental retardation including ADHD, Autism, mongolism etc.- 51

Dermatological cases including Vitiligo- 411, Gastrointestinal cases- 226, Neurological cases including epilepsy – 45, Genetic abnormality cases including Thalassaemia and Sickle cell disease- 31. Others including Hypothyroidism, obesity, malnutrition, other deficiency disorders, urinary tract infection, nephritic syndrome- 61 cases.

Improvement of above cases was assessed by a predefined scoring based on modified Narenjo criteria.

All the marked improvement cases according to above criteria are evidence based and video recorded. From this it is observed that Homoeopathy is effective & can be used as a first line of choice in ailments in Respiratory allergies, infections of respiratory tract, G.I. tract, Otitis media and skin abnormalities, Nephrotic syndrome.

Moderate improvement is observed on ailments like ADHD, Autism, behavioural disorders, epilepsy, goitre. It can be used as supportive measure for Thalassaemia, Sickle cell anaemia, deficiency diseases and can be given as add on treatment.

The obstinate cases where significant results obtained that, 3 out of 29 Thalassaemia major cases who needs transfusion regularly in each month are now maintaining Hb level at 9-10gm% without transfusion since last 5 years. In sickle cell anaemia cases who requires transfusion are better without transfusion and sickle cell crisis.

"It would be a great service if Homoeopathy can be used for keeping strong the immune system of a child during teething process and thus preventing children from malnutrition"

- Narendra Damodardas Modi
Hon'ble Prime Minister, Govt. of India