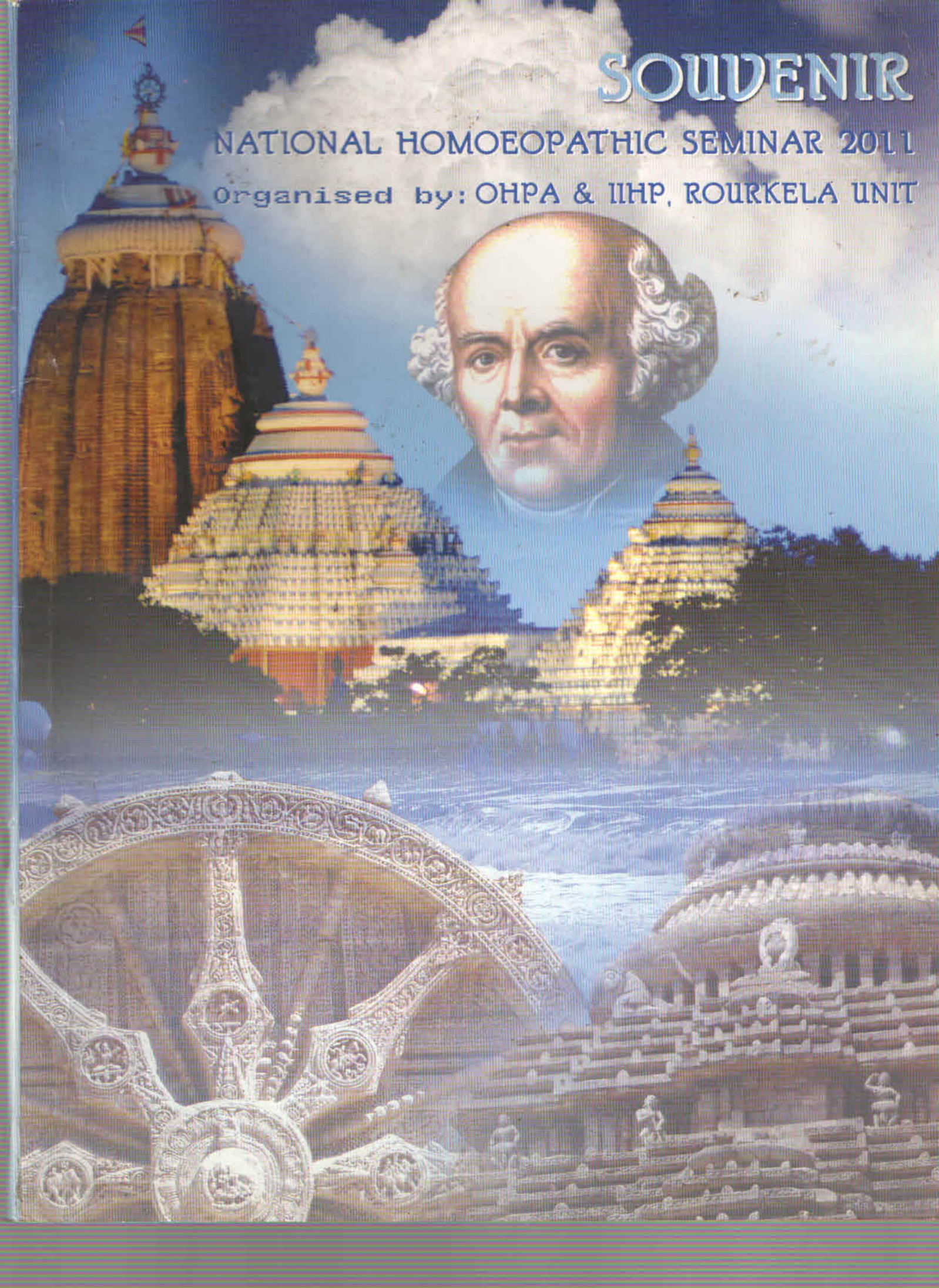


SOUVENIR

NATIONAL HOMOEOPATHIC SEMINAR 2011

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PID AND ITS THERAPEUTIC APPLICATION IN HOMOEOPATHY



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DEFINITION:

Protrusion of a degenerated or fragmented intervertebral disc into the intervertebral foramen. Potential compression of a nerve root or spinal cord at the site of compression.

SITE :

Commonest : lumbar region (L4 , L5 , S1) ----- (80%)

Common site next to it - Cervical (C5 , C6 , C7)--- (19%)

Thoracic is rare. ----- (1%)

CAUSE:

1. Usually flexion injury.

2. Accidental :

- Cough, sneeze or trivial cause.

- Degeneration of post longitudinal ligament & annulus fibrosis.

3. Age: Around 40 -50 years

ONSET: Sudden.

The intervertebral disc acts as a shock absorber. When it is constantly exposed to compression, its ligaments become weak and injured. If the posterior ligament is weakened and injured, nucleus pulposus ruptures annulus fibrosus. Thus nucleus pulposus herniates. Pelvic inflammatory disease (P I D) occurs due to the compression of the spinal roots / Spinal cord.

SIGNS AND SYMPTOMS

L5 REGION : Pain : Hip, Groin, Postero-lateral thigh.

Dorsal surface of foot.

S1 REGION : Pain : Mid gluteal.

Posterior part of thigh.

Plantar surface of foot.

CERVICAL REGION : Pain : Nape of neck

Trapezium
Tip of shoulder
Radiates up to arm
Usually unilateral radiation
Pain with tenderness.
Tingling & Numbness
Weakness.

CLASSIFICATION DEPENDING ON SEVERITY OF SYMPTOMS

Mild - Prolapse - Lumbago - Localized pain. Cervical

*Moderate - * Compression of spinal nerve roots.*

** Lumbago-Sciatica Syndrome - Pain radiates down to legs.*

** Cervical : Pain radiates to both the hands.*

Sensory loss

*Severe - * Compression of spinal cord. - Motor paralysis.*

** Pain with paralytic weakness in the lower & upper limbs*

DIAGNOSIS:

- Symptomatic

- Radiological

TREATMENT

1. CASE TAKING:-

The first and foremost essential part in Homoeopathic treatment is proper case taking which helps in the proper selection of a similimum, thus paving way for the relief of the patient. While taking a case the following points are very much essential and to be taken into consideration:

- F/H/ Miasmatic background*
- P/H/Causation/Occupation/H*
- Life situation*
- Mental general*
- Physical general*
- L/S/M/C.*

2. TREATMENT PROPER:

Taking the important and peculiar symptoms of PID into consideration. They

are as follows:

2) P.I.D - LUMBER-SCIATIC SYNDROME

1st Grade Drugs -

Bryonia, Colocynth, Rhus Tox common drugs with known symptoms.

Mag. Phos. : *Sciatica* < Rt. side, cold, night, touch
> Warmth, bending double, pressure.

Nux. Vom. : Must sit up & turn on the bed.
Burning along spine.
< Cold air. > Damp, rest, pressure.

Tellurium : Sensitive to touch

< Rt. side, coughing, straining, lying on painful side, cold water, night.

Other Important Drugs:

2nd Grade :

*Amm.mur., Arn., Calc.ph., Carbo.sulph., Cham., Diosc., Guaic., Gnapha., In-
digo, Lac.c., Meny., Ol.jec., Phyto., Ruta., Vale., Zinc.*

3rd Grade :

Ang.vera., Palladium, Sulph.ac., Xanthoxy., Ox.ac.

3) SCIATICA

Injury After - *Arn., Hyper*

Cough < - *Caps., Caust., Tell.*

Cold < - *Ars., Caust., Colo., Mag.ph., Pallad., Rhus tox., Ruta.*

Warmth < - *Guaic., Led., Verat., Zinc.*

Standing < - *Aescu., Agar., Kal , Kal. Iod., Sul., Valer.*

Scooping < - *Agar., Nat sul., Tellu.*

Right Side Sciatica

Carb. Sul., Tellu., Palla., Diosc., Phyto., Salicy.ac.,

Left Side Sciatica

Xanthoxylum , Cimic., Phos., Ammon.mur

4) SCIATICA < SITTING

Ammon mur, Dioscorea, Indigo, Valeriana, Menyanthes, Ruta

Ammon. Mur. : Contraction of Hamstring muscles.

< Sitting. > Lying down, open air

With offensive foot sweat.

Dioscorea : Shooting down thighs < Rt. side.

< Sitting, night, lying down, double up.

> Standing erect, pressure, motion, open air.

Indigo : Middle of thigh to knee.

< After eating, sitting, rest .> Pressure, motion.

iv) SCIATICA > SITTING

Guaicum, Gnaphalium, Kal. iod.

Guaicum : Desire - Apple.

Aversion - Milk

< Heat, rubbing, motion, wet cold weather.

> Sitting, pressure.

Gnaphalium : Rt. sciatica nerve

Rt. hip to rt. foot with numbness of affected foot.

*< lying down, motion, stooping, drawing limbs up
& flexing thigh on*

> sitting (Guai., Kal.iod.)

Kali.iod: Sciatica.

Rheumatism of knee joint with effusion.

< - night, lying on painful side, damp weather.

> - motion, open air, sitting.

v) SCIATICA WITH NUMBNESS

Gnaphalium, Carbo.Sul., Lac.Can, Cham., Colocynth, Rhus tox

Gnaphalium : Rt. sciatica nerve

Rt. hip to rt. foot with numbness of affected foot.

*< lying down, motion, stooping, drawing limbs up
& flexing thigh on*

> sitting (Guai., Kal.iod.)

Carb. Sulph : Shifting

Periodical

Formication

Numbness

Lightning pain

Unsteady gait

< damp weather, bathing

> open air.

Cham. : *Sciatica in acute cases.*

Lac. Can. : *Rt. side, shifting.*

* *Numbness, stiffness.*

* *Very sensitive to touch.*

* < *1st motion, rest, touch*

vii) LUMBAGO - < LYING WHILE

Berb. vul., Rhus tox.

Arn., Calc., Carb.an., Puls., Nux vom., Kal.iod

Berb. Vul : **Tearing, sticking with stiffness*

* *Making rising difficult*

* *Pain in hips, nates, limbs with numbness.*

* *Legs weak & trembles < descending stairs.*

Carb. an. : *Weight lifting causes great debility.*

* *Pain in hips < night.*

viii) LUMBAGO < STOOPING

Aesc., Agar., Cham., Dulc.

Aesculus : *Affecting sacrum & hips.*

< *walking & stooping* > *open air.*

Cham. : *Insupportable pain in loins and hips.*

Dulc. : *Pain in small of back as after long stooping.*

< *Cold, Wet weather.*

viii) LUMBAGO - < WHILE SITTING

Agar., Arg. met., Berb vul., Cobalt., R.T., Valer.

Arg nit., Calc., Carb. V., Ruta., Zinc.

Agar. : *Sensitive to touch.*

< *dorsal region*

Lumbago < *open air, sitting, cold weather, turning the body.*

Crick in back < *moving slowly*

Arg.Met : walk bent with oppression of chest.
 Legs weak tremble < descending.
 Left knee, Left elbow.

Cobaltum : < sitting, coition, morning.
 > Walking, lying.
 Sleep with lewd dreams.

Valeriana : Backache with sciatica < standing, resting on floor.

ix) LUMBAGO - < RISING FROM SEAT

- * *Berb.vul*
- * *Calcarea carb*
- * *Causticum*
- * *Phosphorus*
- * *Pulsatilla*
- * *Rhus tox.*

SOME ESSENTIAL TIPS

- Variolinum*: Excruciating pain from back to abdomen.
- Antim tart*: Violent pain.
 Slightest effect, sweat and vomiting.
- Morphinum*: Pain with weakness across lumbo-sacral region.
- Scolopendra*: Terrible pain in back & loins extending down limbs.
 Periodical.
- Euonymus*: Lumbago with biliousness.
 Bad taste, putrid tongue.
 Constipation.
- Xanthoxylum*: Sciatica < left, hot weather.
 Neuralgia, shooting pain as from electricity.
- Cotyledon tinctora*: Aching & heaviness in all joints.
- Hypericum Q*: For cold applications.
- Biochemic*: C.P, C.F, F.P, K.M - All the medicines mixed together.
- Apocyanum*: Sciatica with oedema.
- Viscum alb*: Severe and long standing cases.

