

# Souvenir 2010

On Death Anniversary Celebration  
of our Master



Dr. Christian Friedrich Samuel Hahnemann  
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Organised by :

**HOMOEOPATHIC LOVERS' ASSOCIATION**

In collaboration with

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## HOMOEOPATHY IN NEUROLOGICAL DISORDERS

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The brain, spinal cord and peripheral nerves constitute an organ responsible for perception of the environment, a person's behavior and maintenance of body's internal milieu in readiness for his behavior. 10% of the population consults their general practitioners each year with a neurological symptom in the United Kingdom. Neurological disorders account for about one fifth of acute medical admission and a large proportion of chronic physical disability. So careful attention to these cases by appropriate treatment will not only save many lives but also prevent its crippling effect on many patients saving them from severe disabilities. Homoeopathy and neurology are very much linked with each other. Homoeopathy has got better scope in treatment of various neurological disorders in comparison to other systems. But more than that if homoeopaths require a deep knowledge on neurology i.e. a person's behavioral pattern and the body's internal milieu entirely in the process of selection remedy. A classical homoeopathic selection depends upon the mental symptoms of the patient, his personality, his psychological makeup like temperament, will, intellect, emotion which are expressed through their speech, mood, thought content, abnormal beliefs. While selecting the similimum all these mental spheres are indispensable to consider and more specifically if there are symptoms related to abnormal belief which include delusions, illusion, hallucination.

So not only Neuro-psychology play a major role in selection of similimum but also there is a great scope in treating some crippling diseases of neurological origin by homoeopathy. In the authors practice the diseases which frequently come for consultation are as follows in order of their frequency of visits.

- 1) Cervical spondylosis
- 2) Compression of spinal cord
- 3) Cervical spondylotic myelopathy
- 4) Migraine and headache
- 5) Trigeminal neuralgia
- 6) Post herpetic neuralgia
- 7) Hemiplegia due to stroke
- 8) Motor neuron disease
- 9) Muscular dystrophy
- 10) Neoplastic (benign and malignant)
- 11) Hydrocephalus
- 12) Cerebral palsy
- 13) Dementia

- 14) Dizziness, blackouts, vertigo
- 15) Sleepiness and sleep disorders
- 16) Speech and brainstem function
- 17) Multiple sclerosis
- 18) Disease of peripheral nerves - peripheral neuritis
- 19) Brachial plexus lesion
- 20) Parkinson's diseases and akinetic rigid syndromes
- 21) Alzheimer's disease
- 22) Gullain Burry Syndrome
- 23) Syringomyelia etc.

Unlike other tissues neurone once damaged are not replaced or regenerated and hence when damaged the patient suffers with irreversible diseases. But homoeopathy is observed to be very effective in cases like spondylosis, cerebral palsy, dementia, hemiplegia, migraine, benign brain tumors, motor neurone diseases, muscular dystrophy etc.

Cervical spondylosis is a very common problem in the society now and 5 % of population suffer from cervical spondylosis. A clinical research was carried in Dr. Abhina Chandra Homoeopathic Medical College & Hospital, Bhubaneswar on cervical spondylosis. The results were encouraging. Drugs given basing on strict principles of homoeopathic totality brought excellent result. The most important constitutional drugs were :

- \* Sycotic Co.
- \* Rhus tox.
- \* Medorrhinum
- \* Bryonia
- \* Kalia
- \* Calc. phos
- \* Phyto.
- \* Rhodo.
- \* Cimicufuga
- \* Graphites
- \* Syphillinum

Rare drugs also help in partial indicated symptomatic cases. The drugs which are helpful basing on keynote are often helpful in practice. An anatomical correlation is made here between the spinal nerve compressed and medicines specifically indicated for those compressed nerves which produce symptoms on the muscles of upper arm and lower arm. So when all these spinal nerves are compressed they produce pain in entire upper and lower arm and hand, which extends from neck. The drugs which reduce pain in the neck and extends to hand in Materia Medica both to left and right can be distinguished are as follows.

**PAIN NECK RADIATES TO LEFT ARM**

**Paris quadrifolia (+C4)**

- \* C4 supply - neck, upper part of chest
- \* Weight feeling in the nape of the neck
- \* Lt. intercostals region extending to it. arm
- \* Numbness of fingers and arms
- \* <-exertion, evening, touch.>-Open air, rest
- \* Garrulous. \*Dry tongue without thirst

**Kalmia :**

- \* Affects C5, C6, C7 and T1, T2, T3
- \* Extends to it. arms and fingers
- \* With tingling and numbness
- \* With vertigo
- \* <looking down, motion, open air

**Rhodium :**

- \* <4-7 p.m. mental exertion
- \* Intol. - to sweet

**Hydrogen :**

- \* Acute case
- \* Current like oain
- \* >hot bath

**PAIN NECK RADIATES TO RIGHT ARM**

**Solanum Lycopersicum**

- Rheumatic pain in rt. Elbow, wrist and hand
- <open air, motion, jar, noise
- \* > Warm room, tobacco
- \* With dust ellergy

**Ferrum Picric**

- \* Spondylosis due to over exertion in the aged.
- \* Dark haired plethoric person.
- \* Associated with BHP causing frequent urination at night.
- \* Impaired liver function.

**PAIN IN NAPE OF NECK RADIATING TO BOTH UPPER ARMS**

Nux, V, Nat. M., Chel.

C2, C3, C4 involvement.

**PAIN IN NAPE OF NECK AND RADIATING UP AND DOWN THE NECK**

Radium brom

- \* Pain and lameness with vertigo
- \* < - stopping head, night
- \* > - standing or sitting erect, open air, motion, lying
- \* With pain and heaviness felt in arms all over, > moving about
- \* **FAGOPYRUM**
- \* \*Especially for aged peoples.
- \* > - coffee, bending head backward
- \* < - afternoon
- \* Pruritus > - bathing in cold water

Menthanthes

- \* > - Stooping, motion, hard pressure
- \* < - rest
- \* Extends to vertex
- \* With diabetes

X-Ray

- \* Sudden cricks in neck
- Pain behind ear
- < lifting head from pillow, afternoon, evening, open air

**PAIN EXTENDS TO BACK OF HEAD & OCCIPUT**

China Sulph

- \* Sensitive C7 & T1
- \* Pain radiates up
- \* Acute cases for immediate relief
- \* With vertigo
- \* < - Pressure

Eup. Purpureum

Pain extends up more to it. with vertigo

- \* < - cold air,
- \* Starts in morning peak at evening

**Zinc Phos**

- Headache with vertigo
- With nervousness
- With brain fag

**PAIN NECK EXTENDS DOWN**

**Strychninum**

- \* Rigidity of cervical muscles
- \* Sharp pain in nape down spine
- \* Icy sensation down spine

**Xanthoxylum**

- Pain nape extending down back with numbness of left arm
- \* < - hot weather

**Medorrhinum**

- \* > - sea shore, damp weather
- \* Craves alcohol
- \* Desire - salt, sweet, ice
- \* Intense thirst
- \* Intense burning heat in Cvt radiating down.

**INVOLVEMENT OF C5 CAUSES PAIN IN DELTOID**

**Left Deltoid**

- \* Nux Mosch

**Right Deltoid**

- \* Lycopersicum Aescu
- \* Psilociba Caerulea

**PAIN MORE FELT IN LEFT SCAPULA**

**Chen Glauca**

- \* Lower inner angle of it. shoulder blade
- \* Aversion meat & bread
- \* Constipation

**Onosmodium**

- \* Pain with vertigo, numbness & muscular tiredness
- \* > - lying on back
- \* < motion, jar, tight clothing

Zinc Chromate

- \* Pain below and above it . Scapula
- \* < motion, lying on back

### **PAIN MORE FELT IN RIGHT SCAPULA**

Chelidonium

Lower and inner angle

- < - change of weather, morning, motion
- > pressure

Chen. Anthelminticum

- \* Rt. Shoulder near spine
- \* With vertigo

Juglans Cinerea

- \* Impaired liver
- \* Gallstone
- \* Occipital headache

Oleum Animale

- \* Aching in rt. Scapula
- \* Cracking in Cervical region
- \* < rising head, rabbing, pressure, colds

### **PAIN IN LEFT DELTOID**

Nux Mosch

Desire - coffee

Intol - warm food and drink

< cold wind, motion, jar

- \* > warm dry weather

### **PAIN IN RIGHT DELTOID**

Psilociba caerulex

- \* Movement, cold
- \* With sensation of block of ice on the part

Lycopersicum Aesculantium

- \* Pain in rt. Deltoid with pain in pectoralis muscles.
- \* < open air, motion, jar
- \* > lifting arm upward and outward

**C6 INVOLVEMENT CAUSES PAIN IN LATERAL FORE ARM, INDEX FINGER AND THUMB**

**Gymnocladus**

- \* Violent pain in forearm in radius and index finger as if bones are crushed.
- \* < cold and walking
- \* > leaning against something and rest

**Anagalis**

- \* Pain in shoulder, arm with cramps in balls of thumb and fingers
- \* < touch

**INVOLVEMENT OF T1 CAUSES PAIN IN SHOULDER REGION**

**Left shoulder**

- \* Guaicum
- \* Indium
- \* Asparagus

**Right Shoulder**

- \* Sang. Can
- \* Stron. Carb
- \* Ferr mr
- \* Palladium

**PAIN IN LEFT SHOULDER REGION**

**Guaicum**

Pain - shoulder, arms and hands

- \* < - heat, pressure, cold weather, motion

**Asparagus**

- \* Pain in shoulder, left acromion process, clavicle down the arm
- \* < - motion, with heart and bladder symptoms

**Indium**

- \* Stiff neck and left shoulder down left arm
- \* Violent pain in head when straining at stool
- \* Frequent seminal emission

**PAIN IN RIGHT SHOULDER REGION**

**Palladium**

- \* Rt. Shoulder, rt. neck, rt. Hip
- \* Love of approbation

**Sang. Can**

- \* Pain in nape of neck and shoulder
- \* < night, motion, taking sweets
- \* > sleep

**Stron Carb**

- \* After chronic sprain
- \* 1st. motion, change of weather, rest, sensitive to cold
- \* > hot water

**Ferrum Mur**

- Rt. Shoulder, rt. Elbow
- Tendency to cramp
- Anaemia

**CONCLUSION**

Homoeopathy has excellent scope in the treatment of Spondylosis. When there is a good prescribing totality present with patients, the indicated medicines brings marvellous results. When there is no good prescribing totality available, the drugs described above for Spondylosis are helpful but encouraging result when the prescription based on totality of symptoms.

*"Homoeopathy is the latest and refined method of treating patients economically and non-violently. Government must encourage and patronise it in our country. Just as my non-violence will never fail, Homoeopathy never fails. But the followers of Homoeopathy may fail owing to faulty application of the principles."*

**- Mahatma Gandhi**