



National Workshop on
Homoeopathy
for Healthy Mother and Happy Child



Proceedings & Resolutions

5th- 6th November 2007

NATIONAL CAMPAIGN ON HOMOEOPATHY FOR MOTHER AND CHILD CARE

Organised by :



Department of Ayurveda,
Yoga and Naturopathy, Unani,
Siddha and Homoeopathy (AYUSH)



Central Council for
Research in Homoeopathy



HOMOEOPATHIC APPROACH TO ADHD CHILDREN – A CLINICAL STUDY

Prof. (Dr.) L. K. Nanda

Dip. NIH, MD (Hom),

*Principal-cum-Superintendent, Dr. A. C. Homoeopathic Medical College & Hospital,
Bhubaneswar*

Prof. Nanda presented his observations on ADHD (Attention Deficit Hyperactivity Disorder). This paper was a report of his experience in which the data are documented prospectively.

The study included 27 cases of ADHD who were diagnosed according to D.S.M. - IV criteria, were aged between 2-16 years and treated only with homoeopathic medicines.

Children with pervasive developmental disorder, schizophrenia, anxiety disorder, mental retardation, learning disability were excluded from the study. Detailed case was recorded to elicit minute details of the symptoms. Selection of the medicine was done according to homoeopathic principles with reference to miasmatic background and the medicine was given in 50 millesimal potencies with successive repetition in higher potencies when the patient was improving. After duration of 12 weeks, *3 cases showed marked improvement, 6 cases showed mild improvement and 11 cases showed variable degree of improvement.*

He also presented another case of a child who was diagnosed as having ADHD with Nephrotic syndrome and was on steroid for last 6 months. The patient was treated with the medicine selected on the basis of mental symptoms and given in 50 millesimal potencies with marked improvement both in Nephrotic syndrome and ADHD.

He categorised ADHD into four phases according to severity from mild to severe, each stage representing the deeper pathology. He highlighted the merits of Homoeopathy in treating ADHD. He emphasised that homoeopathic doctors can treat ADHD cases more effectively because in homoeopathic Materia Medica, medicines belonging to each type of ADHD based on classification and severity are available. This is unique in comparison to treatment of ADHD by modern medicine which is stereotype in all types of ADHD cases.